

From Past to F 🕇 🕇 Parshat Eke

P o ec ion i he abili t o hink abo imagine and lan fo hef e De e ed eo le end o ge ck in a e e ience and a Ma in Seligman and Anne Ma ie Roe ke de c ibe in he book H *ec_* het al o e hibi fa l t hinking abo he f e Cogni i e beha io al he a t and o i i e t chologt in e en ion mina i e hinking abo he a and a ge am lift o imi ic hinking abo he f e Thi a ha highligh he o i i e and nega i e eek a ec of o ec ion

The o ening o d of a ha E e fo e am le i no i name ake *E* e b eha a And i hall be eha a if e e to li en o he e la and a e ca ef l o follo hem hen he Lo d to God ill kee he co enan and lo e i h hich He made an oa hoto fa he De . One mid a h e lain ha he o d *eha a* gene allt conno e ha ine hile he o d *a eh* and i a deno e ain and adne Beeh Kallah. Rabbi Da id Tebel o ed bt Rabbi Ba ch Simon in hi I e Ba_ ch o ide an a e tchological in igh o enligh en hi c t ic mid a h The oo of he o d eha a i ha a hich mean **a** i a The le e a he beginning of he odi kno na a ha h f chhich an fom he odfom a , and i of e en e i hall be In con a a he oo of *a eh* i *eh* hich i f e en e i hall be b he o ening change he o d o and i a *eha a* e² ec he abili t o an fom he a in o he f e and a eh e back o he a Rabbi Tebel he f ее

gge ha ha ine em f om he abili t o be f e o ien ed hile emaining ck in he a lead o mi e t

The eace oo he efe ence in a ha E e o he od eha a Ba ed on he afo emen ioned mid a h commen a ie a em of ame he e e e h o gh he i m of ha ine a ell In a ling age he e e a e And i hall be eha a if to e e fo ge ha h ah

h hah he Lo d to God I e ift again to odat ha to ill elt e i h De -А li e al eading of he e e a f e in hich he I aeli e o en iallt fo ge God ha dlt allo fo an in e e a ion of *e ha a* a ha ine Rabbi Menachem Mendel of Ko k e ead he e e i h in e en ial Ha idic c ea i i t In Hebe he odfosfoge i i en ice. ha h ah h hah The Rebbe of Ko k gge ha he e e can be li in o o leading o an inno a i e in e e a ion, eha a ha h ah. And if to fo ge *eha* a meaning if to fo ge obe hat hen to ill ine i ablt, h ah e Ha he fo ge God Jot i e en ial o he ii al e Ii di_cloe eGod o elt in a a e of dejec ion

Ye ch ha ine need o be an a o ia elt eligio ha ine The hi d e e ha a i h he o d *eha a* i al o he beginning of he econd a ag a h of he dailt Shema eci a ion

• eha a And i hall come o a <u>ha</u> ah h e ifto elt li en o Mt commandmen hich I am commanding to odat o lo e he Lo d to God and o e e Him i h all to hea and all to o l De ⁽⁾ Rabbi Chaim