

**WURZWEILER SCHOOL OF SOCIAL WORK  
YESHIVA UNIVERSITY  
MSW PROGRAM**

Introduction to Psychodrama,  
Sociometry, & Group Psychotherapy  
SWK # 8814

Spring 2021  
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yu.edu  
Office Hours: By appoin



- < strengths
- < unfinished business

Additionally, address how you would utilize the social atom to inform both the assessment and intervention process with your client. What was it like for you to administer the social atom to your client?

This paper should be between 6-





Gershoni, J. (2009). Bringing Psychodrama to the Main Stage in Group Psychotherapy. *Group* 33(4): 297-308.

Nolte: Chapter: Part 1 (Chapters, 1, 2, 3)

Konopik, D.A. & Cheung, M. (2013). Psychodrama as a SG565.911(1)11(1(o) reW\*nBT/F2 11 Tf1 0 0 1 112.05 70

Moreno, J. L. (1940). Mental catharsis and the psychodrama. *Sociometry*, 3(1), 220- 238.

Nolte: Chapter 8

### **Unit 5: Social Atom**

#### Content Covered

- ◁ Utilizing the social atom to facilitate warm-up, action, & sharing

#### Required Readings

Dayton: Chapter 7

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## Required Readings

Barbour, A. (1992). Purpose and strategy behind the magic shop. *Journal of Group Psychotherapy, Psychodrama & Sociometry*, 45(3), 91-101.

Kellermann, P.F. (1984). The Place of Catharsis in Psychodrama. *Journal of Group Psychotherapy, Psychodrama, and Sociometry*, 37(1): 1-13.

Moreno, J.L. (1965). Therapeutic Vehicles and the Concept of Surplus Reality. *Group Psychotherapy* 18, 211-216

Nolte: Chapter 11

## **Unit 9: Psychodrama & Group Work**

### Content Covered

- < Therapeutic factors
- < Mutual aid
- < Stages of group development

### Required Readings

Drumm, K. (2006). The essential power of group work. *Social Work with Groups*, 29(2/3), 17- 31.

Social workers are made and not born. *Social Work with Groups* 30(1), 11-24

Kurland, R., & Salmon, R. (2006) Purpose: A misunderstood and misused keystone of group work practice. *Social Work with Groups*, 29(2/3), 105- 120.

x NOLTE Chapter 7

Papell, C. (2015). More than 60 years with social group work: Personal and professional history. *Social Work with Groups*, 38(3-4), 201-219

Rossi-Berman, T. (1993). The tasks and skills of the social worker across stages of group development. *Social Work with Groups*, 16(1/2), 69-81

Skolnik, S. (2018). A synergistic union: Group work meets psychodrama. *Social Work with Groups*, 41 (1-2). 60-73.



Dayton: Chapters: 13, 14

### **Unit 11: Psychodrama Debriefing**

#### Contents Covered:

- < Understanding the triadic system
- < Recognizing the sociometric connections

#### Required Readings

Dayton: Chapters 17, 24

### **Unit 12: Termination Through Action**

#### Contents Covered:

- < Course wrap-up

## **BIBLIOGRAPHY**

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- Chen, S. (2013). The Role of Psychodrama in Social Work Practice. *Journal of Social and Social Welfare* 28(4): 45-65,
- Baim, C. (2007). Integrating Psychodrama with Attachment Theory: Implications for Practice. In P. Holmes, M. Farrall, & K. Kirk (Eds.), *Empowering Therapeutic Practice: Integrating Psychodrama into other Therapies* (pp. 125-156). London: Jessica Kingsley Publishers
- Chen, S. (2013). Psychodrama: More than meets the eye. *Journal of Group Psychotherapy, Psychodrama and Sociometry*, 42(4), 213-221.

- Buchanan, D.R. (1995). Act hungers and open tension systems: another framework for structuring psychodramatic production. Unpublished manuscript. 02-32.
- Camperiole, T. (1981). J. L. Moreno: An unrecognized pioneer of family therapy. *Family Process*, 20, 331-335.
- Carlson-Una, J. (1995). The union of opposites. *The International Journal of Action Methods: Psychodrama, Skill Training and Role Playing*, 51, 91-112.
- Carlson-Sabelli, L. C., Sabelli, H. C., Patel, M., & Holm, K. (1992). The union of opposites. *Journal of Group Psychotherapy, Psychodrama and Sociometry*, 45, 147-171.
- Carnabucci, K. & Ciotola, L. (2013). *Healing Eating Disorders with Psychodrama and Other Action Methods: Beyond the Silence and the Fury*. London: Jessica Kingsley Publishers
- Carswell, M. A., & Magraw, K. (2003). The body talks: Using psychodrama and metaphor to connect mind and body. In J. Gershoni (Ed.) *Psychodrama in the 21st century*, Clinical and educational applications (pp. 63-80). New York: Springer.
- Ciotolla, L. (2006). Brief report: The body dialogue: An action intervention to build body empathy. *Journal of Group Psychotherapy, Psychodrama & Sociometry* 59(1), 35-38.
- Corsini, R. J. (1955). Historic background of group psychotherapy: A critique. *Journal of Group Psychotherapy, Psychodrama and Sociometry*, 8, 219-225.
- Cossa, M. (2003). Taming puberty: Utilizing psychodrama, sociodrama, and sociometry with adolescent groups. In J. Gershoni (Ed.), *Psychodrama in the 21st century*. (pp. 135-150). New York: Springer.
- Dayton, T. (2003). Psychodrama and the treatment of addiction and trauma in women. In J. Gershoni (Ed.), *Psychodrama in the 21st century*. (pp. 175-196). New York: Springer.
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- DeWolfe, J. (1995). The use of structural family therapy and psychodrama: A new model for a 21st century (pp. 49-61). New York: Springer.
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- Giacomucci, S. (2017). The Sociodrama of Life or Death: Young Adults and Addiction Treatment. *Journal of Psychodrama, Sociometry, and Group Psychotherapy* 65(1): 137-143
- Gitterman, A. & Shulman, L. (2005). *Mutual aid groups, vulnerable and resilient populations, and the life cycle*, (3rd ed.). New York, NY: Columbia University Press.
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- Hale, A. (1985). Conducting clinical sociometric explorations. *Journal of Group Psychotherapy, Psychodrama and Sociometry*, 38(1), 1-11.



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Yalom, I. D., & Leszcz, M. (2005). The theory and practice of group psychotherapy (5th ed.). New York, NY: Basic Books.



